THE ROLE OF THE PRIMARY CARE IN PROMOTING THE MENTAL AND FAMILY HEALTH

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Abstract: The primary care remains the first line medical care that ensures continuous and undifferentiated health care for all the family members, regardless of age and gender. It is confirmed that the use of primary care improved the health status and reduced spending in the health system, taking into account that in this period the sums allocated for the healthcare system are insufficient and unevenly distributed.

By knowing the complex problems at a family level, the primary care has an important role in health promoting and identifying, surveying and treating psychic ailments. It is necessary and beneficial to establish a reciprocal trust climate and team work between the primary care physician and his patients.

Key words: primary care, health promotion, family health, mental health.

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