

METABOLIC SYNDROME – DEFINITION, PREVALENCE AND CARDIOVASCULAR RISK

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The metabolic syndrome is characterized by a cluster of cardiovascular and metabolic risk factors: abnormal blood glucose, abdominal (central) obesity, atherogenic dyslipidemia, hypertension, proinflammatory and prothrombotic status. The prevalence of metabolic syndrome is high and expected to increase in the future; therefore metabolic syndrome prevention and treatment are very important.