

# Emotional aspects in the psychology of pop music

Claudia-Ligia ŞUTEU<sup>1</sup>

**Abstract:** *The topic addressed in this article deals with the role of emotion in pop music, viewed from a psychological perspective. A questionnaire was used as a method of communication, involving young people between ages of 15 and 18 years. They expressed their emotions while listening to pop music works. The whole study is viewed from a psychological perspective. Dissociation theory is a way to understand listeners' attraction to states of sadness. The psychology of pop music helps to better understand emotions as synchronized responses to changes in the environment. The usefulness of the study is evidenced by the possibility of achieving a bridge to the psychological, cultural and social needs of the modern individual, by the emotions in pop music.*

Key-words: *psychology, emotions, pop music*

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<sup>1</sup> Transilvania University of Braşov, [claudiasuteu@yahoo.com](mailto:claudiasuteu@yahoo.com)