NON-ALCOHOLIC STEATOHEPATITIS – A POSSIBLE DEFINITION CRITERION FOR METABOLIC SYNDROME

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Abstract: A frequency evaluation of diseases associated with steatohepatitis in order to propose including non-alcoholic steatohepatitis (NASH) among the definition criteria for the metabolic syndrome. A screening study has been carried out including patients who had been admitted for 2 months to the Astra Medical Clinic within the Clinic Emergency Hospital in Brașov. The study included 59 patients diagnosed with non-alcoholic steatohepatitis (29 women and 30 men) between 40 - 80 of age. These preliminary results lead us to the idea that non-alcoholic steatohepatitis might be another definition criterion for the metabolic syndrome.

Key words: Non alcoholic steatohepatitis, metabolic syndrome, nonalcoholic fatty liver disease.

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